

Benefits Of Orthotics

Back problems Pelvis rolls/tilts -
'sway back' spine instability

Hip - forceful rotation -
excessive wear (osteoarthritis)

Hamstring tightness.

Iliotibial band tightness.

Knee turns in - kneecap mistracks,
joint wear, cartilage/ligament injury.

'Osgood Schlatter's disease'

Compartment syndrome

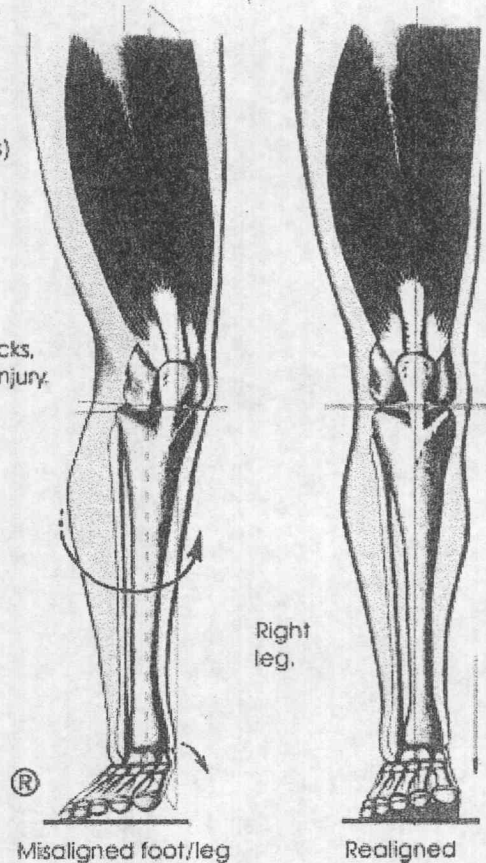
Forceful leg rotation - each

Aching legs, Shin Splints

Achilles/calf tightness

Ankle weakness? collapse

Foot pain, spurs, bunions



Misaligned foot/leg

Right leg.

Realigned

New scientific flexible orthoses
realign the legs through their
entire stride, preventing injury/
wear.

Knee joint aligned/stabilised
with equal joint space to both
sides.

Knee function only corrected
by aligning the entire leg.



Forces act directly
through aligned
joints.